**RSCDS Oban and Lorn Branch Weekend School Friday 14th March 2025 8pm -11pm**

GOOD HEARTED GLASGOW (J 32 x 8 ) 3C (4C set) Guide to SCD

1- 8 1st couple turn right hand, cast off one place and turn partner left hand one and a quarter times to end man facing down and woman facing up

9-16 1st W dances right hands across with 2nd couple while 1st M dances right hands across with 3rd couple, 1st couple passing right shoulder dance left hands across with the other couple

1st couple finish second place own side

17-24 1st couple lead down the middle and up to second place own side

25-32 2nd, 1st and 3rd couples dance six hands round and back

THE SAILOR (R 8 x 32) 3C (4C set) RSCDS Bk 24

1-8 1st couple cross down right hands ending back to back facing out between 2nd and 3rd couples, giving hands to each corner and set, 1st couple cast round first corner to form lines of three across 1st W between 2nd couple, 1st M between 3rd couple then 2nd, 1st and 3rd couples set

9-16 1st couple give right shoulder to dancer on right, dance reels of three across and 1st couple end in second place on opposite sides

17-24 1st couple lead down for two steps and lead up, cross at the top and cast to second place on own sides

25-32 2nd and 1st couples dance rights and lefts

MAY YARKER'S STRATHSPEY (S 8 x 32) 3C (4C set) RSCDS Bk 42

1- 8 1st couple cross right hand, 1st and 3rd couples dance three quarter figure of eight round 2nd couple (3rd couple cross up to start). Order 3 2 1

9-12 2nd and 1st couples cross right hand, 2nd and 1st couples dance right hands across halfway

13-16 3rd and 1st couples cross right hand and dance right hands across halfway. Order 1 3 2

17-24 1st and 3rd couples dance four hands round to left, 1st couple dance down, cast up round 2nd couple (in third place) to second place

25-32 3rd, 1st, 2nd couples dance the knot

NAPIER’S INDEX (J 8 x 40) 3C (4C set) RSCDS Bk 45

1- 8 1st couple set, cast off one place and turn left hand one and a quarter times to end in balance-in-line position between first corners

9-10 1st couple and first corners balance-in-line

11-14 1st couple turn corners right hand

15-16 1st couple and first corners balance-in-line

17-24 1st couple dance reel of three on sides (left shoulder to second corner) and end diagonally between second corners

25-32 1st couple and second corners repeat bars 9-16

33-40 1st couple dance reels of three across (left shoulder to partner’s first corner) and cross right hand to second places own sides

**REEL ON**  **(R 4 x 32 ) 4C set Goldring**

* 1. 1st , 2nd, 3rd couples dance right shoulder reels of three on sidelines. 1st W finish facing out.
  2. 1st W followed by her partner, casts off two places . 1st couple finish in third place on opposite sides.
  3. 1st W changes right hand with 3rd Man then left hand with 2nd Man to finish facing out in top place opposite side **while** 1st M changes right hand with 3rd Woman then left hand with 2nd Woman to finish facing in top place opposite side
  4. 1st, 2nd, 3rd couples dance Left shoulder reels of 3 on sidelines.

( 1st W and 2nd M pass left; 1st M and 2nd W pass left) 1st W finish facing out.

25 -28 1st W followed by her partner, casts off two places. 1st couples finish in third place on own

sides. 2nd and 3rd couples step up bars 27 -28

* 1. 1st and 4th Women turn one and a half times right hand while 1st Man and 4th Man also turn one and a half times right hand Order 2,3,4,1

LINNEA’S STRATHSPEY (S 8 x 32) 3C (4C set) RSCDS Bk 47

1- 8 1st couple set and cast one place, 1st couple cross passing left shoulder and dance right shoulder round first corner to finish facing them

9-16 1st couple set to first corner, then to each other across the dance, set to second corner (Hello –goodbye setting) bars 15-16 passing right shoulder to face out in second place own sides

17-24 2nd, 1st, 3rd couples dance chain progression ~2nd and 3rd couples three quarter turn partner right hand into middle **while** 1st couple cast to their right; 1st M and 2nd W **also** 1st W and 3rd M promenade halfway clockwise **as** 2nd M and 3rd W turn left hand one and a half times; 1st couple dance clockwise to second place own sides **while** 3rd and 2nd couples three quarter turn partner right hand

25-32 2nd, 1st, 3rd couples dance an allemande

WELCOME TO AYR ( J 8 x 32) 3C (4C set) RSCDS Bk 47

1-8 1st and 2nd couples dance double figure of eight. 1st couple cross down to begin.

9-12 1st and 2nd men turn right hand, while 1st and 2nd women turn left hand, on bar 12 1st couple dance down, 2nd couple dance up to top place

13-16 1st and 3rd men turn right hand, while 1st and 3rd women turn left hand, 1st couple finish facing first corners

17-20 1st couple and first corners dance half diagonal reel of four, 1st couple pass right to face second corners

21-24 1st couple and second corners dance half diagonal reel of four

25-28 1st W and 2nd couple also 1st M and 3rd couple dance right hands across finishing on opposite sides

29-32 all chase anticlockwise to own sides order 2,1,3

THE TRI-MARINER (R 8 x 32) 3C (4C set) RSCDS Bk 48

1- 8 1st couple set, cast off two places and lead up to top in middle of set

2nd couple on bars 3 - 4 set, cast off one place and lead up following 1st couple

3rd couple on bars 5-6 set, cast off and follow 2nd couple into middle of the set.

9-16 1st, 2nd, 3rd couples dance a promenade with 1st couple casting off to second place, 2nd couple dance up to first place.

17-24 1st couple cross down between 3rd couple, cast up behind 3rd couple, cross up between 2nd couple and cast off to second place.

25-32 2nd, 1st, 3rd couples petronella turn into middle, set and turn partner right hand one and a quarter times.

*Supper*

**GRANVILLE MARKET ( J 8 x 32 ) 3C ( 4 C set ) RSCDS Graded Bk 2**

1-8 1st and 2nd couples dance right hands across and left hands back

9-12 1st couple cross right hand, cast off one place. 2nd couple step up bars 11-12

13-16 1st couple dance half figure of eight round 2nd couple, finishing facing first corners

17-24 1st couple turn first corner right hand, pass each other right shoulder, turn second corner right hand, pass each other right shoulder to second place own side

25-32 2nd, 1st, 3rd couples dance six hands round and back

**Orpington Caledonians (R 8 x 32) 3C (4C set) RSCDS Bk 49**

1 – 8 1st couple set, 1st W casts, followed by partner and dances across to second place on opposite side, 1st W and 3rd M change left hand; 1st M and 3rd W change left hand.

9-16 1st and 3rd couples dance ladies chain

17-20 1st M followed by partner casts up to second place own sides

21-24 2nd and 1st couples dance right hands across to finish facing down on own sides

25-32 2nd, 1st, 3rd couples dance left shoulder reels of three on sidelines.

THE GENTLEMAN (S 8 x 32) 3C (4C set) RSCDS Bk 35

1- 2 1st couple turn both hands and remain in middle facing each other **as** 2nd couple step up

3-4 1st and 2nd couples set (1st couple passing left shoulder to finish back to back)

5-8 1st and 2nd couples dance half reel of four across,

on bar 8 1st couple half turn left hand to face down on own side in middle

9-10 1st couple dance down to finish between 3rd couple and face each other

11-12 1st and 3rd couples set (1st couple passing left shoulder to finish back to back)

13-16 1st and 3rd couples dance half reel of four across,

on bar 16 1st couple half turn left hand to face up on own side in middle

17-20 1st couple retaining left hand lead up to the top, cross over and cast to second place opposite sides

21 -24 1st W dances half reel of three across with 2nd couple while 1st M dances half reel of three across with 3rd couple

25-32 2nd and 1st couples dance a poussette

**GAELFORCE WIND (J 8 x 32) 3C (4C set) RSCDS Graded Bk 3**

1- 8 1st couple set, giving right hand cross over, 1st and 2nd couples set and link

9-16 2nd and 1st couples dance a men's chain   
17-20 1st W dances half figure of eight round 2nd couple while 1st M dances half figure of eight round 3rd

couple

21-24 2nd, 1st, 3rd couples turn partner right hand   
25-32 2nd, 1st, 3rd couples dance six hands round and back

**REST AND BE THANKFUL (R 8 x 32) 3C (4C set) Grampian Collection**

1- 8 1st couple cross right hand and cast off one place, cross left hand, 1st W cast up, 1st M cast down to

join hands with first corners in promenade hold   
9-12 1st couple with first corner dance half-way round behind second corner position, so that first corners

change places while second corners advance and retire diagonally;   
13-16 1st couple leave first corners and turn one and three quarters left hand to join hands with second

corners in promenade hold (first corners now in diagonally opposite place)   
17-20 1st couple dance with second corner person half-way round behind first corner position, so that

second corners change places while first corners advance and retire diagonally;   
21 -24 1st couple leave second corners and turn one and a quarter left hands to face first corner position  
25-32 1st couple dance half diagonal reel of 4 with first corners, pass right shoulder and dance half

diagonal reel of 4 with second corners to end on own sides second place

**TRIPLE HAPPINESS ( S 3 x 32) 3C set RSCDS Bk 52**

1-8 1st couple advance one step to touch right hands, retire one step, turn left hands halfway, cross down

between 2nd couple and cast back to place.

9-16 1st and 2nd couple dance the knot. 1st couple end facing first corners

17-24 1st couple and first corners dance corners pass and turn; repeat with second corners. First couple

finish second place own side. Corners turning both hands.

25-28 2nd, 1st, 3rd couples chase clockwise halfway.

29-32 All turn partners both hands halfway, pull back right shoulder and cast out to own sides.

**THE REEL OF THE 51st DIVISION (R 8 x 32) 3C (4C set) RSCDS Bk 13**

1- 8 1st couple set, cast off two places, lead up to finish back to back facing first corner. 2nd couple step

up bars 3 - 4

* 1. 1st couple set to first corner, turn right hand, retaining hands join left hand with partner

13–16 1st couple and first corners balance in line, 1st couple turn left hand to face second corner

17–20 1st couple set to second corner, turn right hand, retaining hands join left hand with partner

21–24 1st couple and second corners balance in line, 1st couple cross left hand to own side in second place

25–32 2nd, 1st, 3rd couples dance six hands round and back